



Julienne Salad



Frog Benedict



Italian Sausage Frittata

Tad Pole Menu

Children under 10 years old

SIMPLE AS 1-2-3

2 eggs, potatoes and toast 5.75 | Add cheese 0.85

LILLY PAD PANCAKE

1 lilly pad size pancake and 1 egg 5.00

Add chocolate chips 0.75 | Add bananas 1.00

FROGGY FRENCH TOAST

3 slices of Frog Pond French toast and 1 egg 6.00

BELGIUM WAFFLE 7.75

Add apples or peaches .95 | Add whipped cream .95

FROG FRESH FRUIT

Assorted fresh cut fruit 5.00

CHEESY TOAD TOAST

Grilled American cheese sandwich and potatoes 6.00

FPPBJ

Creamy peanut butter with homemade strawberry jam and potatoes 4.75

Salads

Salads are served with homemade banana-nut bread and your choice of French, Thousand Island, Ranch, Bleu Cheese, Honey Mustard or Parmesan Cheese dressing.

FRESH FRUIT 14.00

TOSSED SALAD

Mixed greens, fresh vegetables and hard-boiled egg 9.00

GREEK SALAD

Mixed greens, feta, potato salad, olives, onions and tomatoes 10.50

COBB SALAD

Mixed greens, tomatoes, turkey, bacon, guacamole, egg, bleu cheese and chives 11.25

CAESAR SALAD 9.00

With:

Chicken 12.50 | Krab* 12.00
Lox* 14.00

JULIENNE SALAD

Mixed greens, ham, turkey, Swiss and American cheese, tomato, cucumber, peppers, onions and hard-boiled egg 12.00

SALAD PLATTER

Mixed greens, tomato, cucumber, peppers, onions and hard-boiled eggs

With:

Chicken salad 10.50

Tuna salad 10.50

Shrimp salad 12.50

Krab* 12.50

Shrimp, tuna and krab* 14.00

*IMITATION KRAB MEAT

*LOX - SMOKED SALMON

Soups

FRENCH ONION 5.50

HAMBURGER 5.50

Sandwiches



Sandwiches are served fully dressed on our specialty breads with choice of potato salad, homefries, or coleslaw. Fresh Fruit in place of potatoes 2.70



FROGGER

½ lb ground round, Swiss cheese, bacon, mushrooms and bleu cheese 11.00

GROUND ROUND 9.25

With:

Cheese 10.00

Bacon and cheese 11.00

PATTY MELT

Choose turkey, tuna, beef 10.75

CORNED BEEF

On rye bread 10.75

TUNA SALAD 10.00

CHICKEN OR BEEF QUESADILLA 12.00

TURKEY BREAST 10.00

CHICKEN SALAD 10.00

REUBEN

Choose corned beef or all turkey 11.00



Frogger

CLUB

Choose regular or all turkey 11.00

BACON, LETTUCE & TOMATO 9.50

GRILLED AMERICAN CHEESE 8.50

GRILLED HAM & SWISS CHEESE 11.00

GRILLED CHICKEN

Served with cheese and Parmesan cheese sauce 11.00

ROAST BEEF SUPREME

Shaved roast beef, grilled tomato, bacon and provolone 11.00

SOUP & SANDWICH

CHOICE OF TWO

Soup. ½ Cold Sandwich or Salad (House or Caesar) 9.86

Beverages

Cappuccino 4.50

Coffe or Tea 3.50

Espresso 4.00

Hot chocolate 2.50

Chocolate Milk 2.40

Iced Tea 2.50

Soft Drinks 2.50

Milk or Juice 2.50

Lemonade 2.50

Fresh Squeezed Orange Juice 2.75

Carafe of Juice 6.25



A LITTLE OF THE FROG POND PHILOSOPHY

“Fast Food.” Doesn’t the term contradict itself? “Fast” means “to abstain from food.”

“Food” means “nourishment.” Therefore, “fast food” must mean to “abstain from nourishment.”

We at The Frog Pond are strongly opposed to this idea since we first opened our doors in 1982. So if great food, friendly atmosphere, continued quality and incredible portions are what you’re looking for, then welcome to The Frog Pond. You’ve come to the right place and we know you’ll be glad you did.

Thank you for our continued success,
The Frog Pond



* The FDA advises consuming raw or undercooked meats, poultry, seafood or eggs increases your risk of foodborne illness.

Eggs & Omelettes

PLAIN OMELETTE 9.25

CHEESE OMELETTE

Choose Swiss, cheddar, American or Jack 10.15

WESTERN OMELETTE

Ham, peppers and onions 12.50

FRESH MUSHROOMS & CHEESE OMELETTE 11.25

BACON OMELETTE 11.25

With cheese 12.00

SPINACH OMELETTE 10.25

With cheese 11.00

With mushrooms and cheese 12.00

With bacon and cheese 12.75

With Italian sausage and cheese 12.75

NEPTUNE OMELETTE

Spinach, krab* and cheddar cheese 13.50

HAM OMELETTE 11.25

With cheese 12.00



Banana Foster Waffle

Belgium Waffle

Served with butter and syrup

PLAIN 9.00 | **APPLE** 9.75

PEACH 9.75 | **PECAN** 10.00

BACON WAFFLE 10.00

SAUSAGE WAFFLE 10.00

GEORGIA WAFFLE 10.50

BANANA FOSTER 10.50

HANGOVER OMELETTE

Peppers, onions, bacon and cheddar cheese 13.50

MONTE CRISTO OMELETTE

Ham, turkey and Swiss cheese 13.50

SPANISH OMELETTE

Salsa, mushrooms, green peppers, onions and tomatoes 12.75

KRAB* & CREAM CHEESE OMELETTE 13.50

JACQUE COUSTEAU OMELETTE

Mushrooms, krab* and cheddar cheese 13.50

KEY WEST OMELETTE

Bananas, cream cheese, cottage cheese and cinnamon sugar 12.25

***LOX OMELETTE**

Lox* (salmon), cream cheese, onions, tomatoes and capers 14.00



Quiche Lorraine

Quiche

Served with homefries and fresh fruit

FROG POND

QUICHE LORRAINE 11.50

BROCCOLI & HAM 11.50

SPINACH & CHEESE 11.50

ROAST BEEF OMELETTE

Shaved roast beef, onions, mushrooms and Jack cheese 13.75

MEAT LOVERS OMELETTE

Ham, bacon, sausage and cheese 13.75

CLUB OMELETTE

Ham, bacon, turkey, Jack and cheddar cheeses 13.75

VEGETABLE OMELETTE

Market fresh vegetables 11.50
With cheese 12.25

ADD YOUR SPECIAL TOUCH TO ANY OMELETTE

Vegetable or cheese 2.15
Meat 3.50

Fresh Fruit in place of potatoes 2.75

***IMITATION KRAB MEAT**

***LOX - SMOKED SALMON**



Hangover Omelette

Frittatas

ITALIAN SAUSAGE

With onions, cheese, potatoes and tomatoes 13.25

BACON, HAM, SAUSAGE OR TURKEY

With onions, cheese, potatoes and tomatoes 13.25

VEGETABLE

With cheese, potatoes and market fresh vegetables 13.25

EXTRAS

SMALL FRUIT 5.00

SUNFLOWER POTATOES 3.70

COLESLAW 2.50

HOMEFRIES 2.20 | **GRITS** 2.50

BACON 3.75 | **SAUSAGE** 3.75

ITALIAN SAUSAGE 4.75

HAM OR TURKEY STEAK 3.75

HASH 5.75

GRANOLA PLATE

WITH BANANA BREAD 7.50

OATMEAL

With brown sugar 4.50

With bananas or raisins 5.00

BAGEL & CREAM CHEESE 3.00

MUFFIN OR BAGEL 2.50 | **TOAST** 1.65

POTATO SALAD 2.50

CHEESE 2.50 | **VEGETABLE** 2.50

BISCUITS & GRAVY 5.50

CHICKEN BREAST 5.00

All fresh fruit served per market availability. | 2.55 charge for sharing orders. | Please! No Substitutions.

Benedicts

EGGS BENEDICT

Poached eggs, Canadian bacon, English muffin and Hollandaise* sauce 12.25

MOCK BENEDICT

Poached eggs, turkey, English muffin and Hollandaise* sauce 12.25

EGGS FLORENTINE

Poached eggs, spinach, bacon and Hollandaise* sauce 12.25

KRAB* MEAT BENEDICT

Poached eggs, krab*. English muffin and Hollandaise* sauce 13.50

FROG BENEDICT

Poached eggs, Canadian bacon, mushrooms, Swiss cheese, English muffin and Hollandaise* sauce 13.50

VEGETABLE BENEDICT

Poached eggs, mushrooms, tomatoes, English muffin and Hollandaise* sauce 12.00

***LOX BENEDICT**

Poached eggs, Lox*, grilled bagel, tomatoes, onions, capers and Hollandaise* sauce 14.00

BACON BENEDICT

Poached eggs, bacon, English muffin and Hollandaise* sauce 13.00

NEPTUNE BENEDICT

Poached eggs, spinach, krab*, English muffin and Hollandaise* sauce 13.50

JACQUE COUSTEAU BENEDICT

Poached eggs, krab*, mushrooms, English muffin and Hollandaise* sauce 13.50

CHICKEN OR STEAK BENEDICT 13.25

***IMITATION KRAB MEAT *LOX - SMOKED SALMON**

Fresh Fruit in place of potatoes 2.75

SPECIAL

Juice and coffee, two eggs, homefries or pancake or grits, toast and choice of ham, bacon, turkey or sausage 10.25

EGGS IN A PAN

Market fresh vegetables, cheddar cheese, potatoes, and eggs. Served with your choice of bacon, ham, sausage or turkey 12.75



Eggs in a Pan



Fruit Blintz

French Toast

Crepes

FROG POND CREPES OF THE DAY

Served with homefries and fresh fruit 11.00

FRESH FRUIT CREPES 11.00

FRESH FRUIT BLINTZ

With cheese filling 11.50
Served cold

Etcetera

CORNED BEEF HASH, EGGS & TOAST 12.25

TWO EGGS, TOAST & HOMEFRIES 7.25

ITALIAN SAUSAGE, EGGS & TOAST 11.25

FRENCH TOAST

Served with butter and syrup 9.25

CINNAMON ROLL

FRENCH TOAST 11.00

BISCUITS, GRAVY, EGGS & HOMEFRIES 10.25

PANCAKES

Served with butter and syrup 9.25

***LOX & BAGEL** 14.25

½ LB GROUND ROUND, EGGS, HOMEFRIES & TOAST 12.00

STEAK, EGGS, HOMEFRIES & TOAST 14.00



Lox and Bagel